

Summer 2017

Community
Committee

Outer North West Community Committee



Local groups make connections

Outer North West Community Committee have been bringing local services, organisations and community groups together at a series of health focused **Community Connector** events; sessions have been held in Otley and Guiselley with more sessions planned in Cookridge and Horsforth over the next few months.

The events help build on the strong work already happening within the community and are an opportunity to share ideas and information about the services and groups that are available

locally to support wellbeing. Each session has a focus on connecting or reconnecting vulnerable people to the appropriate services, people and groups; as well as offering those present a chance to network and meet others working in the community.



The sessions include a safeguarding workshop about protecting older and vulnerable people from scams, frauds and doorstep crime led by Cathy Chadwick-Rayner from West Yorkshire Trading Standards' SAFER project.

“A good starting point to getting out there to connect”



Some of the key things you can do to protect yourself from nuisance callers, rogue traders, bogus callers, cold callers and scammers.

- Remember you can say 'no' to telephone or doorstep callers.
- Register for free with the Telephone Preference Service on 0345 070 0707.
- If someone knocks on your door from a company such as your water provider, ask for ID and call the number stated on your bill or your phonebook to check the identity—don't call the number they give you!
- If a tradesperson turns up unannounced remember—don't pay any money upfront; pay for trade work only once it's been completed and you're satisfied with the job and obtain 3 quotes for any works before choosing a trader.
- Check other doors and windows are locked before answering the door so no one can sneak in.
- Be careful who you give your contact details to, don't give your banking information or PIN to anyone, not even the bank will ask for this.
- Buy a Call Blocking Device from a high street stores (not online to avoid fake devices) these attach to your landline phone to block nuisance calls.

If in doubt, keep them out!



Where to report!

SCAMS

Citizens Advice 0345 404 0506

Action Fraud 0207 291 3310

BOGUS CALLERS & ROGUE TRADERS

At the door? Police 999

After incident? Non-Emergency Police 101

PROBLEMS WITH A COMPANY?

Trading standards via Citizens Advice

0345 404 0506

PROBLEMS WITH A CHARITY?

Charity Commission 0300 066 9197

Care View wins at Medipex Awards

Care View the Social Isolation App has won a Medipex Innovation Award 2017.

Care View is a downloadable app which helps to reconnect isolated people with the community and local services and originated from the Community Committee's Health & Wellbeing sub group chaired by

Councillor Graham Latty.

The app was developed by the West Locality Public Health Team in conjunction with the Leeds City Council Urban Lab and is designed to be used by non-health professionals who are frequently out and about such as police officers, postal staff and street cleansing teams.

If an app user spots signs of neglect that could show that a socially isolated resident lives there such as a home in disrepair, post piling up, or an unkempt garden the user can quickly log a concern by simply pressing a button on their smart phone. This will generate a heat map for outreach teams to leaflet and door knock and provide information that could help a resident to access local services. It is completely confidential and involves no expectation of contact or intervention in the first instance. Well done to all involved.



Supporting Community Projects

Over the last few months, the Community Committee has agreed to fund a range of community projects.

Over £44,000 has been approved for **activities for young people** to take place over the summer, after school and weekends.

Rawdon Community Library

have received a grant to upgrade the shelving which will help open the library to more events and activities.

Funding will go to **Care & Repair** to support vulnerable residents to access equipment which will help their property to be safer.

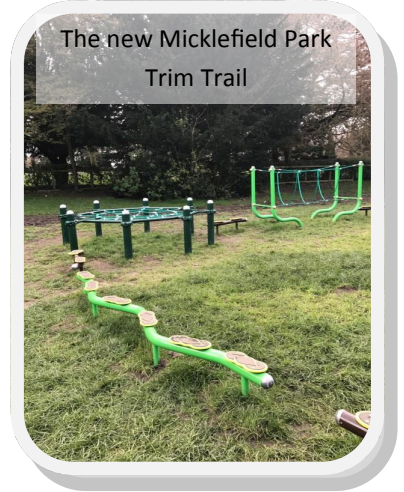


Bird Box Making at Cragg Hill and Woodside Green Space Project.

This year the Committee is again supporting local young people with additional needs who attend **Aireborough Supported Activities Scheme** with funding of over £7,500.

The new **Micklefield Park Trim Trail Equipment** has been installed and is available for use, thanks to £20,000 of funding from the Community Committee.

Are you involved in a community project? You could apply for a small grant of up to £1000 and we also have money set aside for skips for community events, clean ups and allotments—email west.north.west@leeds.gov.uk for more information.



Otley Mum's group goes from strength to strength

The Community Committee gave over £2,000 to the Mothers of Otley women's group which aims to empower women and help them access guidance and advice where needed.

With the funding from the Committee paying for the crèche, the group have been able to almost double the number of women regularly taking part. The range of activities on offer include crafts, mindfulness, Ju-Jitsu and confidence building.



The group choose what craft activities to carry out and the sessions encouraged peer support through talking and sharing experiences in a non-confrontational way.

A chance to try Ju-Jitsu was a great confidence booster, the mums needed to trust one another and work together as a team in order to do the martial arts holds.

"I really enjoy attending the group and it has helped me"

Your Community Committee

Outer North West Community Committee

Leeds has 10 community committees, which meet at least 4 times a year.

They are open to the public and provide a forum for residents to raise key issues of concern with local Councillors and help influence decisions about their area. In the past Outer North West Community Committee has looked at road safety, engagement with young people and also organised a consultation event on Leeds Bradford Airport.

The meetings are open to all and you'll be most welcome.

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Our Community Meetings

Outer North West Community Committee met in March at Yeadon Town Hall to discuss a range of local issues and met again in June. Our next meeting is on 25th September, 1.30pm at Yeadon Town Hall.


We had a great **Guiseley & Rawdon Forum** in May where residents came along to the meeting to raise local issues.

Community meetings are held throughout the year and provide an opportunity for local issues to be discussed. Meetings are publicised on our Facebook and Twitter pages and via our mailing lists (email west.north.west@leeds.gov.uk or telephone 0113 336 7858 to be added).

Why not get in touch?

 [Facebook.com/LCCOuterNW](https://www.facebook.com/LCCOuterNW)  west.north.west@leeds.gov.uk

 [@_YourCommunity](https://twitter.com/_YourCommunity)

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